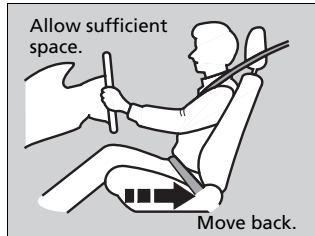


# Adjusting the Seats

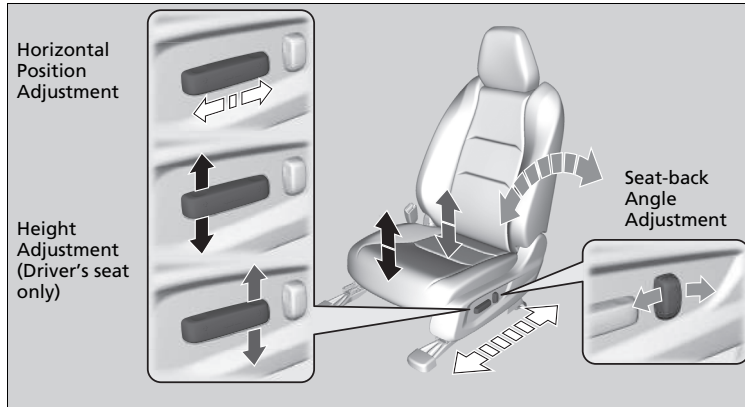
## Front Seats



Adjust the driver's seat as far back as possible while allowing you to maintain full control of the vehicle. You should be able to sit upright, well back in the seat and be able to adequately press the pedals without leaning forward, and grip the steering wheel comfortably. The passenger's seat should be adjusted in a similar manner, so that it is as far back from the front airbag in the dashboard as possible.

### ■ Adjusting the Seat Positions

#### ■ Adjusting the driver's power seat\*



\* Not available on all models

### ⊗ Adjusting the Seats

## ⚠ WARNING

Sitting too close to a front airbag can result in serious injury or death if the front airbags inflate.

Always sit as far back from the front airbags as possible while maintaining control of the vehicle.

The National Highway Traffic Safety Administration and Transport Canada recommend that drivers allow at least 10 inches (25 cm) between the center of the steering wheel and the chest.

Always make seat adjustments before driving.

### ⊗ Adjusting the Seat Positions

Once a seat is adjusted correctly, rock it back and forth to make sure it is locked in position.

■ Adjusting the front manual seat(s)\*

**Height Adjustment**

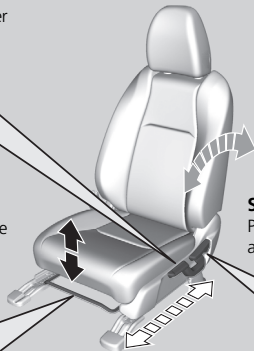
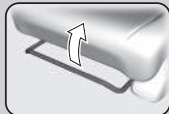
(Driver side only)

Pull up or push down the lever to raise or lower the seat.



**Horizontal Position Adjustment**

Pull up on the bar to move the seat, then release the bar.



**Seat-back Angle Adjustment**

Pull up the lever to change the angle.

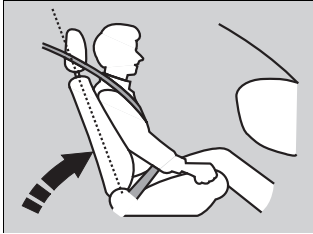


Driver's seat is shown.

Controls

\* Not available on all models

## ■ Adjusting the Seat-Backs



Adjust the driver's seat-back to a comfortable, upright position, leaving ample space between your chest and the airbag cover in the center of the steering wheel.

The front seat passenger should also adjust their seat-back to a comfortable, upright position.

Reclining a seat-back so that the shoulder part of the belt no longer rests against the occupant's chest reduces the protective capability of the belt. It also increases the chance of sliding under the belt in a crash and being seriously injured. The farther a seat-back is reclined, the greater the risk of injury.

## ⊠ Adjusting the Seat-Backs

### **⚠ WARNING**

Reclining the seat-back too far can result in serious injury or death in a crash.

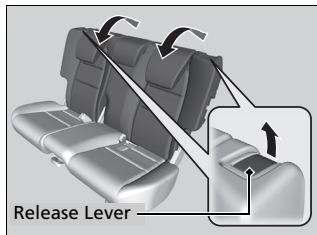
Adjust the seat-back to an upright position, and sit well back in the seat.

Do not put a cushion, or other object, between the seat-back and your back. Doing so may interfere with proper seat belt or airbag operation.

If you cannot get far enough away from the steering wheel and still reach the controls, we recommend that you investigate whether some type of adaptive equipment may help.

## Rear Seats

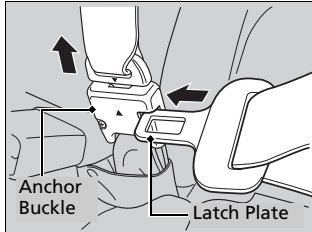
### ■ Adjusting the Rear Seat-Backs



Pull the lever on the right to change the angle of the right half of the seat-back, and left for the left half.

## ■ Folding Down the Rear Seats

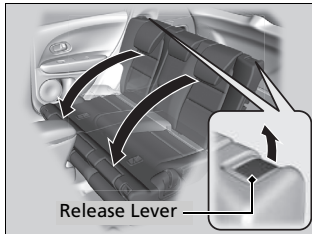
The rear seats can be folded down separately to allow for additional storage space.



### ■ To fold down the seat

1. Store the center seat belt first. Insert the latch plate into the slot on the side of the anchor buckle.
2. Retract the seat belt into the holder on the ceiling.
3. Lower the head restraint to its lowest position.
4. Pull the release lever and fold down the seat-back.

To return the seat to the original position, pull up the seat-back in the upright position.



## ☒ Folding Down the Rear Seats

**Make sure all items in the cargo area or items extending to the rear seats are properly secured. Loose items can fly forward if you have to brake hard.**

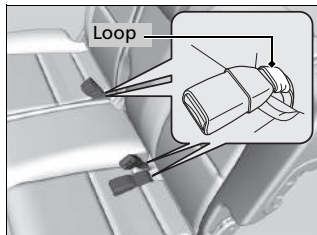
Remove any items from the rear seat cushion and floor before you fold down the rear seat.

To lock the seat-back upright, push it backwards until it locks.

Make sure the seat-back, head restraints and seat cushion are securely latched back into place before driving. Also, make sure all rear shoulder belts are positioned in front of the seat-back, and the center shoulder belt is re-positioned in the holding slot.

Make sure that the folded seat-back does not press against the front passenger seat, as this can cause the weight sensors in the front passenger seat to work improperly.

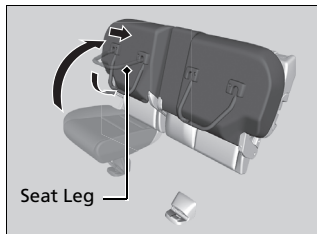
## ■ Folding the Rear Seat Up



Separately lift up the left and right halves of the rear seat cushions to make room for cargo area.

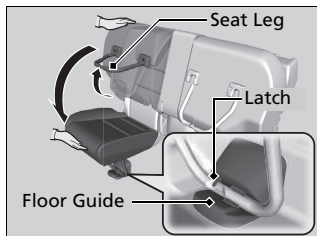
### ■ Lifting up the seat cushion

1. Make sure the seat belt buckles are in their loops on the seat.
2. Pull up the rear seat cushion.
3. Fold the seat leg down while pushing the seat cushion firmly against the seat-back to lock it.



### ■ Putting the seat in the original position

1. Hold the seat cushion in place with one hand, then unlock it by pulling up the seat leg fully with your other hand.
  - Hold the seat cushion firmly, as it may abruptly fall when you unlock it.
2. Slowly lower the seat cushion, and set the seat leg in the floor guide until it latches in place.



## ▣ Folding the Rear Seat Up

After you fold the seat up, or put it back in the original position, make sure the seat is firmly secured by rocking it forward and back.

Check if there are any items on the seat before you pull the seat cushion up. Check if there are any obstacles around the floor guide before you put the seat back in the original position.

## Maintain a Proper Sitting Position

After all occupants have adjusted their seats and head restraints, and put on their seat belts, it is very important that they continue to sit upright, well back in their seats, with their feet on the floor, until the vehicle is safely parked and the engine is off.

Sitting improperly can increase the chance of injury during a crash. For example, if an occupant slouches, lies down, turns sideways, sits forward, leans forward or sideways, or puts one or both feet up, the chance of injury during a crash is greatly increased.

In addition, an occupant who is out of position in the front seat can be seriously or fatally injured in a crash by striking interior parts of the vehicle or being struck by an inflating front airbag.

### ⊠ Maintain a Proper Sitting Position

#### **WARNING**

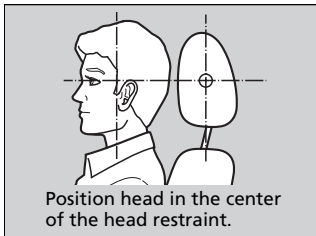
Sitting improperly or out of position can result in serious injury or death in a crash.

Always sit upright, well back in the seat, with your feet on the floor.

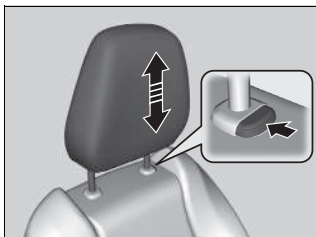
## Head Restraints

Your vehicle is equipped with head restraints in all seating positions.

### Adjusting the front head restraint positions



Head restraints are most effective for protection against whiplash and other rear-impact crash injuries when the center of the back of the occupant's head rests against the center of the restraint. The tops of the occupant's ears should be level with the center height of the restraint.



**To raise the head restraint:**

Pull it upward.

**To lower the head restraint:**

Push it down while pressing the release button.

### Adjusting the front head restraint positions

#### **⚠ WARNING**

**Improperly positioning head restraints reduces their effectiveness and increases the likelihood of serious injury in a crash.**

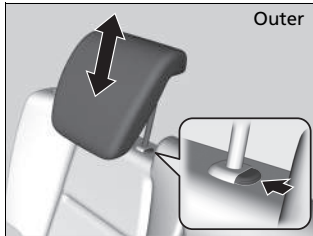
**Make sure head restraints are in place and positioned properly before driving.**

In order for the head restraint system to work properly:

- Do not hang any items on the head restraints, or from the restraint legs.
- Do not place any objects between an occupant and the seat-back.
- Install each restraint in its proper location.



## ■ Changing the Rear Seat Head Restraint Positions



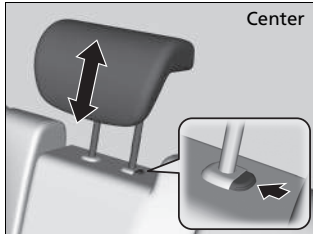
A passenger sitting in a back seating position should adjust the height of their head restraint to an appropriate position before the vehicle begins moving.

**To raise the head restraint:**

Pull it upward.

**To lower the head restraint:**

Push it down while pressing the release button.



## ■ Removing and Reinstalling the Head Restraints

Head restraints can be removed for cleaning or repair.

### To remove a head restraint:

Pull the restraint up as far as it will go. Then push the release button, and pull the restraint up and out.

### To reinstall a head restraint:

Insert the legs back in place, then adjust the head restraint to an appropriate height while pressing the release button. Pull up on the restraint to make sure it is locked in position.

Controls

## ▣ Removing and Reinstalling the Head Restraints

### **WARNING**

Failure to reinstall, or correctly reinstall, the head restraints can result in severe injury during a crash.

Always replace the head restraints before driving.

To remove and install the rear outer head restraint, recline the seat-back slightly forward as the space between the ceiling and the seat-back is limited.