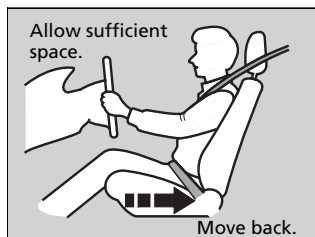


# Adjusting the Seats

## Front Seats



Adjust the driver's seat as far back as possible while allowing you to maintain full control of the vehicle. You should be able to sit upright, well back in the seat and be able to adequately press the pedals without leaning forward, and grip the steering wheel comfortably. The passenger's seat should be adjusted in a similar manner, so that it is as far back from the front airbag in the dashboard as possible.

### Adjusting the Seats

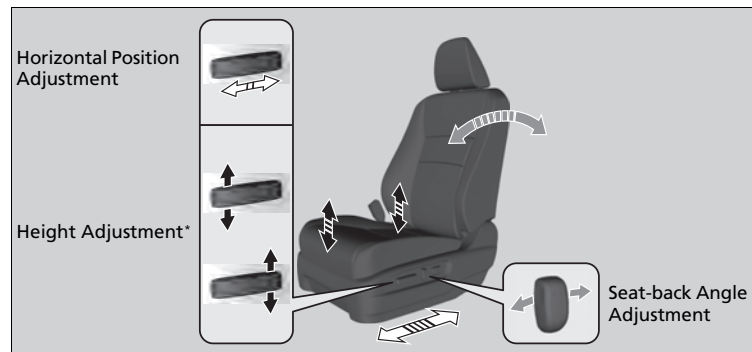
#### ⚠ WARNING

Sitting too close to a front airbag can result in serious injury or death if the front airbags inflate.

Always sit as far back from the front airbags as possible while maintaining control of the vehicle.

### ■ Adjusting the Seat Positions

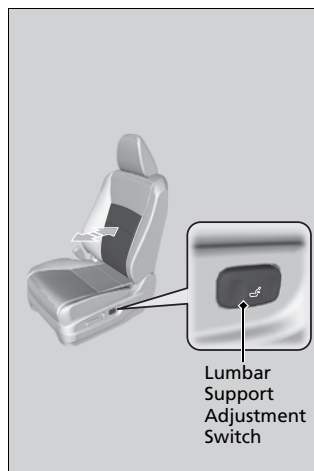
#### ■ Adjusting the front power seats\*



The National Highway Traffic Safety Administration and Transport Canada recommend that drivers allow at least 10 inches (25 cm) between the center of the steering wheel and the chest.

Always make seat adjustments before driving.

\* Not available on all models



■ **Lumbar Support Adjustment Switch\***

**Press the front:** To increase the entire lumbar support.

**Press the rear:** To decrease the entire lumbar support.

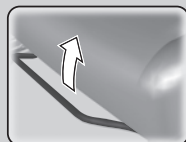
\* Not available on all models

## ■ Adjusting the front manual seats\*

### Height Adjustment

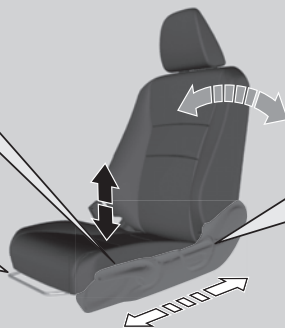
(Driver side only)

Pull up or push down the lever to raise or lower the seat.



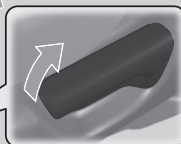
### Horizontal Position Adjustment

Pull up on the bar to move the seat, then release the bar.



### Seat-back Angle Adjustment

Pull up the lever to change the angle.

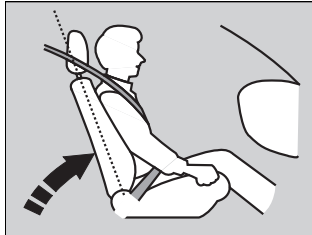


## ►► Adjusting the front manual seats\*

Once a seat is adjusted correctly, rock it back and forth to make sure it is locked in position.

\* Not available on all models

## ■ Adjusting the Seat-Backs



Adjust the driver's seat-back to a comfortable, upright position, leaving ample space between your chest and the airbag cover in the center of the steering wheel.

The front seat passenger should also adjust their seat-back to a comfortable, upright position.

Reclining a seat-back so that the shoulder part of the belt no longer rests against the occupant's chest reduces the protective capability of the belt. It also increases the chance of sliding under the belt in a crash and being seriously injured. The farther a seat-back is reclined, the greater the risk of injury.

## ✎ Adjusting the Seat-Backs

### ⚠ WARNING

Reclining the seat-back too far can result in serious injury or death in a crash.

Adjust the seat-back to an upright position, and sit well back in the seat.

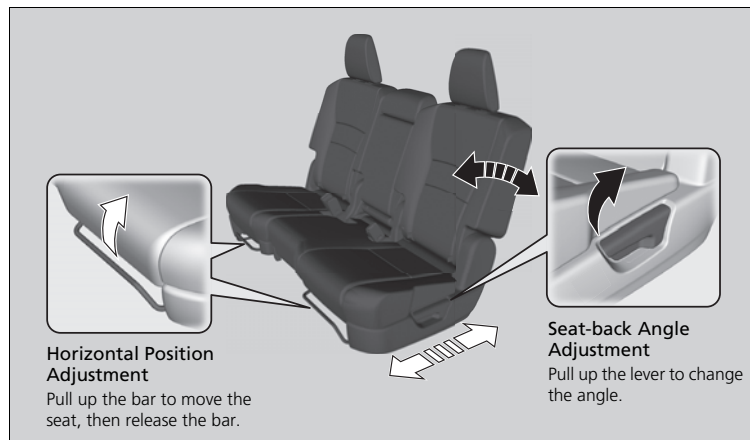
Do not put a cushion, or other object, between the seat-back and your back.

Doing so may interfere with proper seat belt or airbag operation.

If you cannot get far enough away from the steering wheel and still reach the controls, we recommend that you investigate whether some type of adaptive equipment may help.

## Rear Seats

### ■ Adjusting the Seat Positions



### ►► Adjusting the Seat Positions

#### **⚠ WARNING**

An unsecured seat or seat-back can move out of position or collapse without warning if there is sudden acceleration or stop or in a crash.

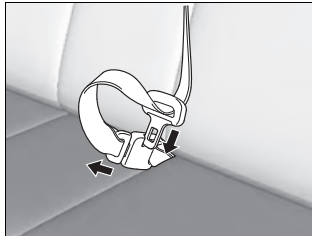
A seat or seat-back that suddenly moves or collapses can result in severe injury or death.

Always make sure all seats and seat-backs are securely locked into position before driving.

## ■ Folding Down the Rear Seat

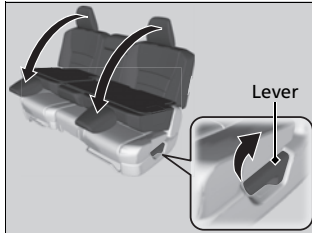
Separately fold down the left and right halves of the rear seat to make room for cargo.

1. Store the center seat belt first. Insert the latch plate into the slot on the side of the anchor buckle.
2. Retract the seat belt into the holder on the ceiling.
3. Lower the center head restraint to its lowest position. Put the armrest back into the seat-back.



4. Pull up on the seat-back angle adjustment lever.

To return the seat to the original position, pull up the seat-back in the upright position.



## ☒ Folding Down the Rear Seat

Make sure that the folded seat-back does not press against the front passenger seat, as this can cause the weight sensors in the front passenger seat to work improperly.

The front seats must be far enough forward so they do not interfere with the rear seats as they fold down.

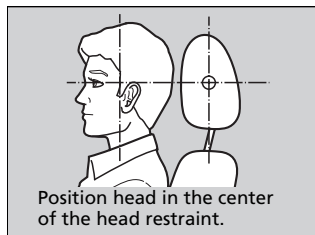
To lock the seat-back upright, push it backwards until it locks.

Make sure the seat-back, head restraints and seat cushion are securely latched back into place before driving. Make sure the center shoulder belt is repositioned in the holding slot.

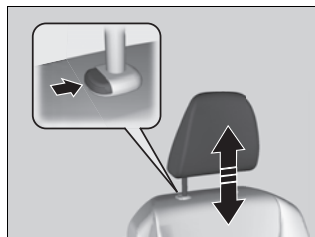
## Head Restraints

Your vehicle is equipped with head restraints in all seating positions.

### ■ Adjusting the Front and Rear Outer Seat Head Restraint Positions



Head restraints are most effective for protection against whiplash and other rear-impact crash injuries when the center of the back of the occupant's head rests against the center of the restraint. The tops of the occupant's ears should be level with the center height of the restraint.



**To raise the head restraint:** Pull it upward.  
**To lower the head restraint:** Push it down while pressing the release button.

### ►► Adjusting the Front and Rear Outer Seat Head Restraint Positions

#### ⚠ WARNING

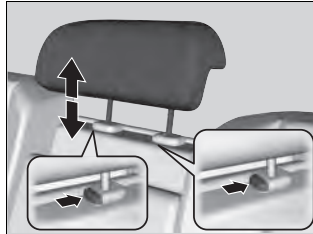
**Improperly positioning head restraints reduces their effectiveness and increases the likelihood of serious injury in a crash.**

**Make sure head restraints are in place and positioned properly before driving.**

In order for the head restraint system to work properly:

- Do not hang any items on the head restraints, or from the restraint legs.
- Do not place any objects between an occupant and the seat-back.
- Install each restraint in its proper location.

## ■ Changing the Rear Center Seat Head Restraint Position



A passenger sitting in the rear center seating position should adjust the height of their head restraint to an appropriate position before the vehicle begins moving.

### **To raise the head restraint:**

Pull it upward.

### **To lower the head restraint:**

Push it down while pressing the release button(s).

## ■ Removing and Reinstalling the Head Restraints

Head restraints can be removed for cleaning or repair.

### **To remove a head restraint:**

#### **Front and rear outer seat head restraint**

Pull the restraint up as far as it will go. Then push the release button, and pull the restraint up and out.

#### **Rear center seat head restraint**

Pull the restraint up as far as it will go. Then push the release buttons which are located on the both legs at the same time, and pull the restraint up and out.

### **To reinstall a head restraint:**

Insert the legs back in place, then adjust the head restraint to an appropriate height while pressing the release button(s). Pull up on the restraint to make sure it is locked in position.

### ✕ Removing and Reinstalling the Head Restraints

## **⚠ WARNING**

Failure to reinstall, or correctly reinstall, the head restraints can result in severe injury during a crash.

Always replace the head restraints before driving.



## Maintain a Proper Sitting Position

After all occupants have adjusted their seats and head restraints, and put on their seat belts, it is very important that they continue to sit upright, well back in their seats, with their feet on the floor until the vehicle is safely parked and the engine is off.

Sitting improperly can increase the chance of injury during a crash. For example, if an occupant slouches, lies down, turns sideways, sits forward, leans forward or sideways, or puts one or both feet up, the chance of injury during a crash is greatly increased.

In addition, an occupant who is out of position in the front seat can be seriously or fatally injured in a crash by striking interior parts of the vehicle or being struck by an inflating front airbag.

### ► Maintain a Proper Sitting Position

#### **⚠ WARNING**

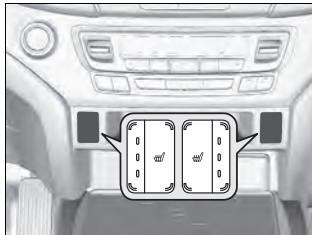
Sitting improperly or out of position can result in serious injury or death in a crash.

Always sit upright, well back in the seat, with your feet on the floor.

## ■ Front Seat Heaters \*



The power mode must be in ON to use the seat heaters.



Press the seat heater button:

Once - The HI setting (three indicators on)

Twice - The MID setting (two indicators on)

Three times - The LO setting (one indicator on)

Four times - The OFF setting (no indicators on)

When the power mode is turned on after it is turned off, the previous setting is maintained.

## ☒ Front Seat Heaters \*

### ⚠ WARNING

Heat induced burns are possible when using seat heaters.

Persons with a diminished ability to sense temperature (e.g., persons with diabetes, lower-limb nerve damage, or paralysis) or with sensitive skin should not use seat heaters.

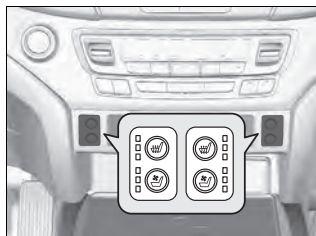
Do not use the seat heaters even in LO when the engine is off. Under such conditions, the battery may be weakened, making the engine difficult to start.

After a certain period of time, the strength setting for the seat heaters will automatically be reduced by one level at a time until the seat heater shuts off. The elapsed time varies according to the interior environment.

## ■ Front Seat Heaters and Seat Ventilation \*



The seat heaters or ventilators can be used when the power mode is in ON.  
 The seat heaters: Use them to warm up the seat.  
 The seat ventilators: Use them when you want to ventilate the surface of the seats.  
 When used with the air conditioning, the surface of the seats will become easier to cool.



Press the seat heater or the seat ventilation button:  
 Once - The HI setting (three indicators on)  
 Twice - The MID setting (two indicators on)  
 Three times - The LO setting (one indicator on)  
 Four times - The OFF setting (no indicators on)

When the power mode is turned on after it is turned off, the previous setting is maintained.

## ► Front Seat Heaters and Seat Ventilation \*

### ⚠ WARNING

Heat induced burns are possible when using seat heaters.

Persons with a diminished ability to sense temperature (e.g., persons with diabetes, lower-limb nerve damage, or paralysis) or with sensitive skin should not use seat heaters.

Do not use the seat heaters and the seat ventilation even in LO when the engine is off. Under such conditions, the battery may be weakened, making the engine difficult to start.

After a certain period of time, the strength setting for the seat heaters will automatically be reduced by one level at a time until the seat heater shuts off. The elapsed time varies according to the interior environment.

\* Not available on all models

## ■ Rear Outer Seat Heaters\*



The power mode must be in ON to use the seat heaters.

There is no heater in the rear center seating position.

Press the seat heater button:

Once - The HI setting (three indicators on)

Twice - The MID setting (two indicators on)

Three times - The LO setting (one indicator on)

Four times - The OFF setting (no indicators on)

When the power mode is turned on after it is turned off, the previous setting is maintained.

## ⊠ Rear Outer Seat Heaters\*

### ⚠ WARNING

Heat induced burns are possible when using seat heaters.

Persons with a diminished ability to sense temperature (e.g., persons with diabetes, lower-limb nerve damage, or paralysis) or with sensitive skin should not use seat heaters.

Do not use the seat heaters even in LO when the engine is off. Under such conditions, the battery may be weakened, making the engine difficult to start.

After a certain period of time, the strength setting for the rear seat heaters will automatically be reduced by one level at a time until the rear seat heater shuts off. The elapsed time varies according to the interior environment.

\* Not available on all models

## Driving Position Memory System \*

You can store two driver's seat (except for power lumbar) and outside mirrors position with the driving position memory system.

When you unlock and open the driver's door with a remote transmitter, or smart entry system, door mirrors adjust to one of the two preset positions and the seat adjusts to retracted positions of one of the two preset positions automatically.

The seat will move to the stored position when you set the power mode to ACCESSORY.

When you enter the vehicle, the driver information interface briefly shows you which remote transmitter you used to unlock the vehicle.

- **DRIVER 1** transmitter is linked to memory button 1.
- **DRIVER 2** transmitter is linked to memory button 2.



The driver's seat moves rearward depending on the set seating position once you

- Stop the vehicle.
- Put the transmission in **[P]**.
- Turn the engine off.
- Then open the driver's door.

Once the power mode is in the ACCESSORY position, the driver's seat moves to the **DRIVER 1** or **2** preset position.

### Driving Position Memory System \*

Using the audio/information screen, you can disable the automatic seat and door mirrors adjustment function.

The driver's seat easy exit feature can be turned ON/OFF.

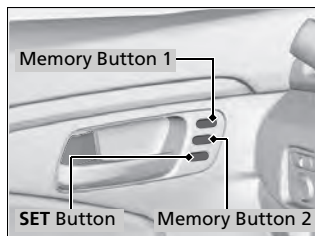
#### System Operation

The system will not operate if:

- The vehicle speed is above 3 mph (5 km/h).
- Either memory position button is pressed while the seat is in motion.
- The seat position is adjusted while in operation.
- The memory 1 or 2 position is set fully to the rear.

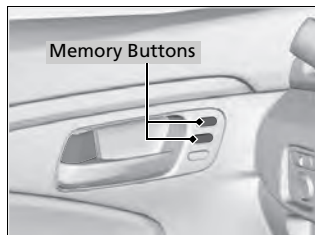
\* Not available on all models

## ■ Storing a Position in Memory



1. Set the power mode to ON. Adjust the driver's seat and the door mirrors to the desired position.
2. Press the **SET** button.
  - You will hear a beep, and the memory button indicator light will blink.
3. Press and hold memory button **1** or **2** within five seconds of pressing the **SET** button.
  - You will hear two beeps, and the indicator light on the button you pressed stays on once the seat and the outside mirror positions have been memorized.

## ■ Recalling the Stored Position



1. Put the transmission into **P**.
2. Apply the parking brake.
3. Press a memory button (**1** or **2**).
  - You will hear a beep, and the indicator light will blink.

The seat and the door mirrors will automatically move to the memorized positions. When it has finished moving, you will hear the beep, and the indicator light stays on.

## ►► Storing a Position in Memory

After you press the **SET** button, the storing operation will be canceled when:

- You do not press the memory button within five seconds.
- You readjust the seat position and door mirror before the double-beep.
- You set the power mode to any position except ON.

## ►► Recalling the Stored Position

The seat and the door mirrors will stop moving if you:

- Press the **SET** button or memory button **1** or **2**.
- Adjust the seat position or door mirrors.
- Put the transmission into a position other than **P**.