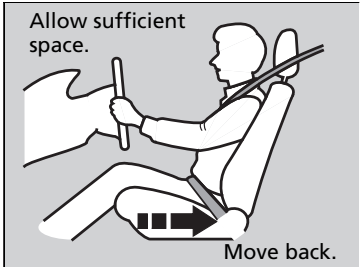
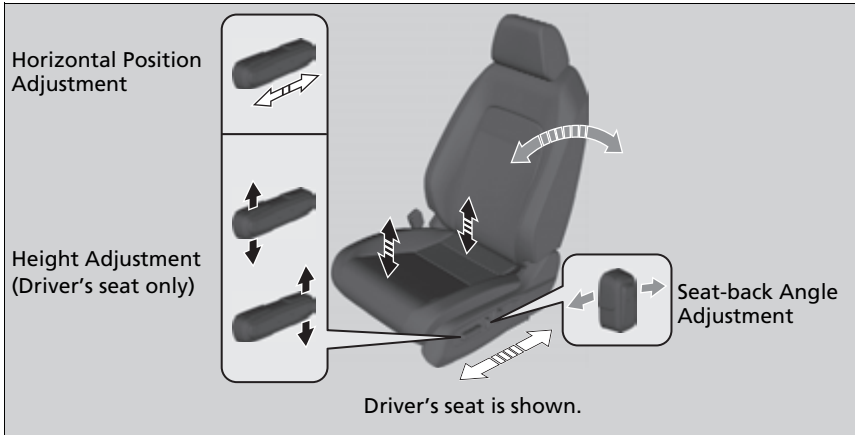
Front Seats



Adjust the driver's seat as far back as possible while allowing you to maintain full control of the vehicle. You should be able to sit upright, well back in the seat and be able to adequately press the pedals without leaning forward, and grip the steering wheel comfortably. The passenger's seat should be adjusted in a similar manner, so that it is as far back from the front airbag in the dashboard as possible.

Adjusting the Seat Positions

Adjusting the front power seats*



* Not available on all models

Continued

Seats

Always make seat adjustments before driving.

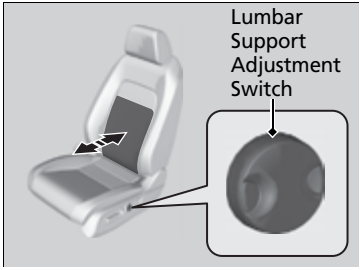
Front Seats

⚠WARNING

Sitting too close to a front airbag can result in serious injury or death if the front airbags inflate.

Always sit as far back from the front airbags as possible while maintaining control of the vehicle.

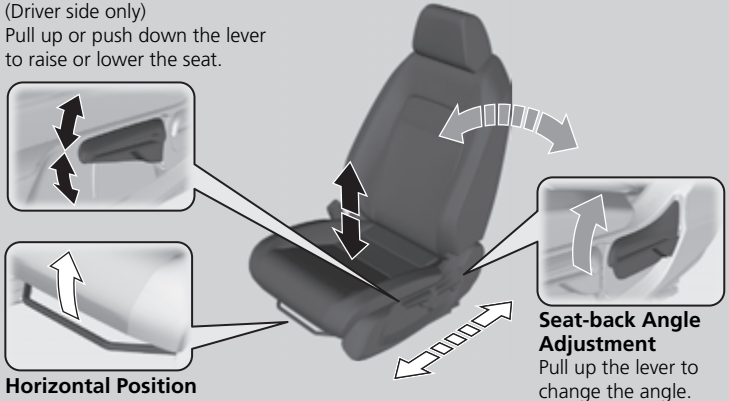
The National Highway Traffic Safety Administration and Transport Canada recommend that drivers allow at least 10 inches (25 cm) between the center of the steering wheel and the chest.



■ **Lumbar support adjustment switch***
Press the front: To increase the entire lumbar support.
Press the rear: To decrease the entire lumbar support.

* Not available on all models

■ Adjusting the front manual seats*



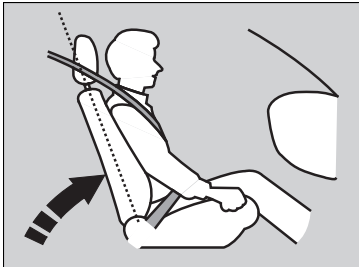
Adjusting the front manual seats*

Once a seat is adjusted correctly, rock it back and forth to make sure it is locked in position.

* Not available on all models

Continued

■ Adjusting the Seat-Backs



Adjust the driver's seat-back to a comfortable, upright position, leaving ample space between your chest and the airbag cover in the center of the steering wheel.

The front seat passenger should also adjust their seat-back to a comfortable, upright position.

Reclining a seat-back so that the shoulder part of the belt no longer rests against the occupant's chest reduces the protective capability of the belt. It also increases the chance of sliding under the belt in a crash and being seriously injured. The farther a seat-back is reclined, the greater the risk of injury.

Adjusting the Seat-Backs

⚠WARNING

Reclining the seat-back too far can result in serious injury or death in a crash.

Adjust the seat-back to an upright position, and sit well back in the seat.

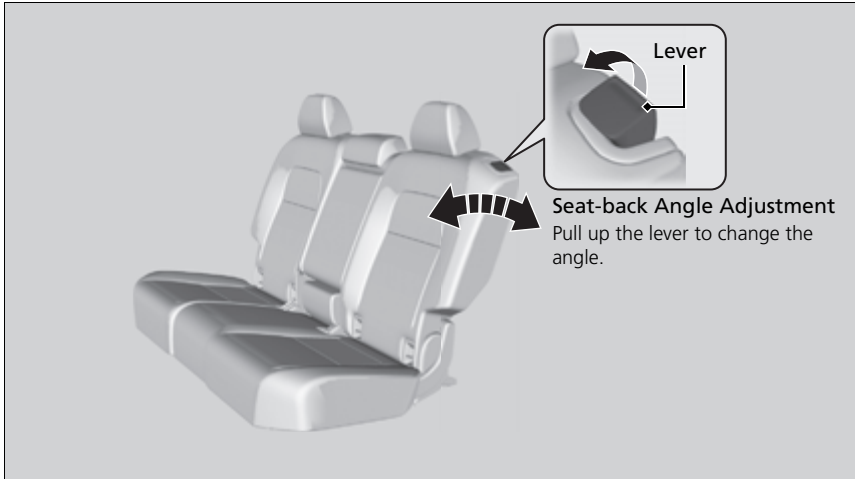
Do not put a cushion, or other object, between the seat-back and your back.

Doing so may interfere with proper seat belt or airbag operation.

If you cannot get far enough away from the steering wheel and still reach the controls, we recommend that you investigate whether some type of adaptive equipment may help.

Rear Seats

Adjusting the Seat Positions



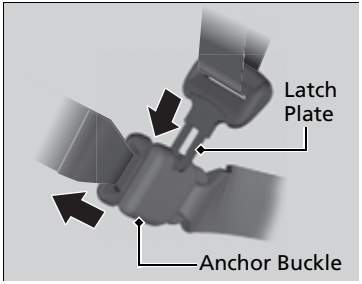
Seat-back Angle Adjustment
Pull up the lever to change the angle.

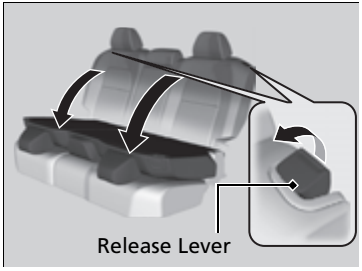
Rear Seats

Once a seat is adjusted correctly, rock it back and forth to make sure it is locked in position.

Continued

Folding Down the Rear Seats





1. Store the center seat belt first. Insert the latch plate into the slot on the side of the anchor buckle.
2. Retract the seat belt into the holder on the ceiling.
   Seat Belt with Detachable Anchor P. 50
3. Lower the rear seat head restraint to its lowest position. Put the armrest back into the seat-back.
4. Pull the release lever and fold down the seat.

Folding Down the Rear Seats

The rear seat-backs can be folded down to accommodate bulkier items in the cargo area.

Remove any items from the rear seat cushion and floor before you fold down the rear seat.

When returning the seat-back to its original position, push it firmly back. Also, make sure all rear shoulder belts are positioned in front of the seat-back.

Make sure all items in the cargo area or items extending through the opening into the rear seats are properly secured. Loose items can fly forward if you have to brake hard.

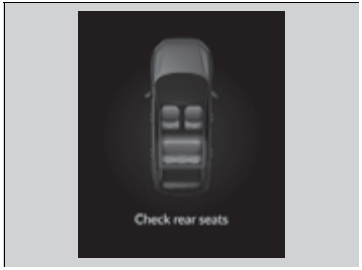
Make sure that the folded seat-back does not press against the front passenger seat, as this can cause the weight sensors in the front passenger seat to work improperly.

Passenger Airbag Off Indicator P. 70

Make sure the seat-back, head restraints and seat cushion are securely latched back into place before driving.

Rear Seat Reminder

This feature alerts you of the possible presence of passengers or items in the rear seats before you exit the vehicle. It activates when the power mode is set to VEHICLE OFF if the rear doors were opened shortly before or after the power mode was set to ON.



A reminder appears on the driver information interface and an alert will sound when the power mode is set to VEHICLE OFF.

Rear Seat Reminder

When the power mode is set to VEHICLE OFF, the reminder comes on briefly, then the function is deactivated.

The reminder will not work if the power mode has not been set to ON within 10 minutes of operating the rear doors.

The system does not detect passengers in the rear seats. Instead, it can detect when a rear door is opened and closed, indicating that there may be something in the rear seats.

You can turn off the notification setting.

Settings* P. 129
Customized Features P. 362

* Not available on all models

Maintain a Proper Sitting Position

After all occupants have adjusted their seats and head restraints, and put on their seat belts, it is very important that they continue to sit upright, well back in their seats, with their feet on the floor, until the vehicle is safely parked and the engine is off.

Sitting improperly can increase the chance of injury during a crash. For example, if an occupant slouches, lies down, turns sideways, sits forward, leans forward or sideways, or puts one or both feet up, the chance of injury during a crash is greatly increased.

In addition, an occupant who is out of position in the front seat can be seriously or fatally injured in a crash by striking interior parts of the vehicle or being struck by an inflating front airbag.

Maintain a Proper Sitting Position

⚠WARNING

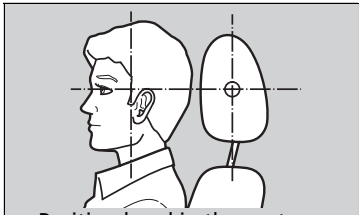
Sitting improperly or out of position can result in serious injury or death in a crash.

Always sit upright, well back in the seat, with your feet on the floor.

Head Restraints

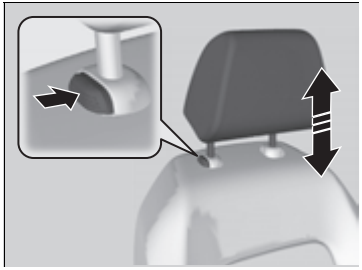
Your vehicle is equipped with head restraints in all seating positions.

Adjusting the Front Head Restraints



Position head in the center of the head restraint.

Head restraints are most effective for protection against whiplash and other rear-impact crash injuries when the center of the back of the occupant's head rests against the center of the restraint. The tops of the occupant's ears should be level with the center height of the restraint.



To raise the head restraint:
Pull it upward.
To lower the head restraint:
Push it down while pressing the release button.

Adjusting the Front Head Restraints

⚠WARNING

Improperly positioning head restraints reduces their effectiveness and increases the likelihood of serious injury in a crash.

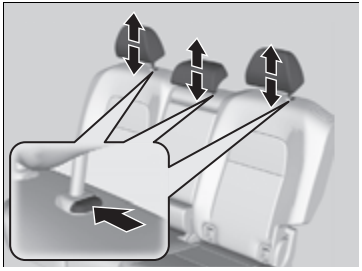
Make sure head restraints are in place and positioned properly before driving.

In order for the head restraint system to work properly:
- Do not hang any items on the head restraints, or from the restraint legs.
- Do not place any objects between an occupant and the seat-back.
- Install each restraint in its proper location.

The front seat head restraints cannot be removed.

Continued

■ Changing the Rear Seat Head Restraint Position



A passenger sitting in the rear seat should adjust the height of their head restraint to an appropriate position before the vehicle begins moving.

To raise the head restraint:
Pull it upward.

To lower the head restraint:
Push it down while pressing the release button.

■ Removing and Reinstalling the Rear Head Restraints

Head restraints can be removed for cleaning or repair.

To remove a head restraint:
Pull the restraint up as far as it will go. Then, push the release button and pull the restraint up and out.

To reinstall a head restraint:
Insert the legs back in place, then adjust the head restraint to an appropriate height while pressing the release button. Pull up on the restraint to make sure it is locked in position.

Removing and Reinstalling the Rear Head Restraints

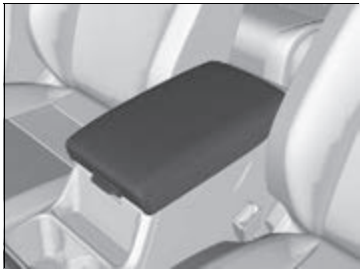
⚠WARNING

Failure to reinstall or correctly reinstall, the head restraints can result in severe injury during a crash.

Always replace the head restraints before driving.

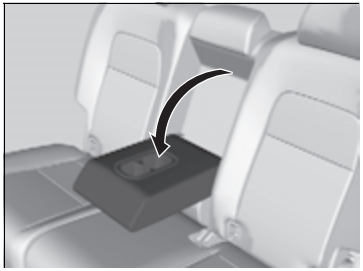
Armrest

Using the Front Seat Armrest



The console lid can be used as an armrest.

Using the Rear Seat Armrest



Pull down the armrest in the center backrest.