

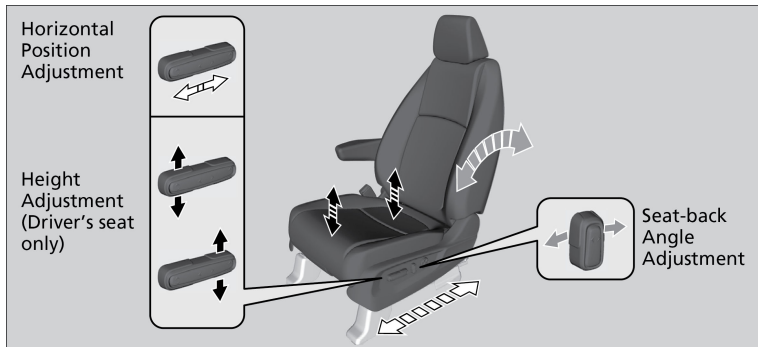
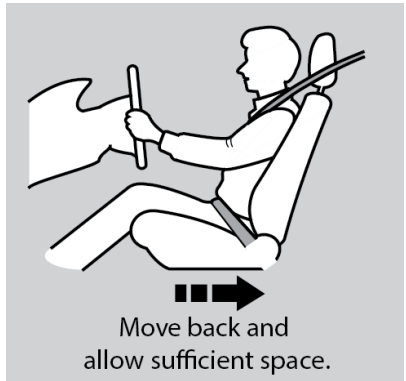
### Adjusting the Seats

Make seat adjustments before driving to ensure the best comfort and safety.

#### ■ Adjusting the Front Seats

Adjust the driver's seat as far back as possible while allowing you to maintain full control of the vehicle. You should be able to sit upright and well back in the seat, adequately press the pedals without leaning forward, and grip the steering wheel comfortably. The passenger's seat should be adjusted so that it is as far back from the front airbag in the dashboard as possible.

The National Highway Traffic Safety Administration and Transport Canada recommend that drivers allow at least 10 inches (25 cm) between the center of the steering wheel and the chest.



*\*1 - If equipped*

**⚠ WARNING**

Sitting too close to a front airbag can result in serious injury or death if the front airbags inflate.

Always sit as far back from the front airbags as possible while maintaining control of the vehicle.

**⚠ WARNING**

Reclining the seat-back too far can result in serious injury or death in a crash.

Adjust the seat-back to an upright position, and sit well back in the seat.

**⚠ WARNING**

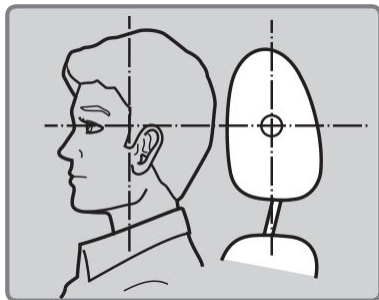
Sitting improperly or out of position can result in serious injury or death in a crash.

Always sit upright, well back in the seat, with your feet on the floor.

### Adjusting the Head Restraints

Your vehicle is equipped with head restraints in all seating positions. Head restraints are most effective for protection against whiplash and other rear-impact crash injuries.

The center of the back of the occupant's head should rest against the center of the restraint. The tops of the occupant's ears should be level with the center height of the restraint.



#### For a head restraint system to work properly:

- Do not hang any items on the head restraints or from the restraint legs.
- Do not place any objects between an occupant and the seat-back.
- Install each restraint in its proper location.

#### **⚠ WARNING**

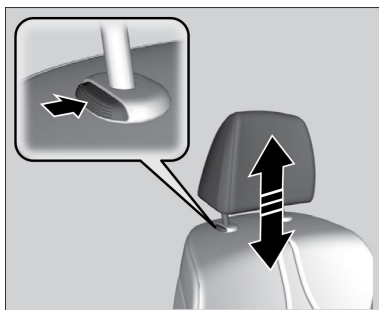
Improperly positioning head restraints reduces their effectiveness and increases the likelihood of serious injury in a crash.

Make sure head restraints are in place and positioned properly before driving.

#### ■ Adjusting the Front Head Restraints

**To raise the head restraint:** Pull it upward.

**To lower the head restraint:** Push it down while pressing the release button.



#### ■ Adjusting the Rear Head Restraints

**To raise the head restraint:** Pull it upward.

**To lower the head restraint:** Push it down while pressing the release button.

#### ■ Removing and Reinstalling the Head Restraints

Head restraints can be removed for cleaning or repair.

**To remove the head restraint:**

Pull the restraint up as far as it will go. Then push the release button, and pull the restraint up and out.

**To reinstall a head restraint:**

Insert the legs back in place, then adjust the head restraint to an appropriate height while pressing the release button. Pull up on the restraint to make sure it is locked in position.

** WARNING**

Failure to reinstall, or correctly reinstall, the head restraints can result in severe injury during a crash.

Always replace the head restraints before driving.