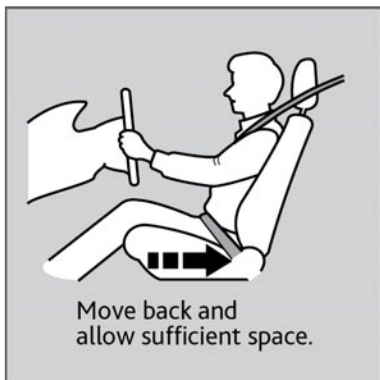


Adjusting the Front Seats

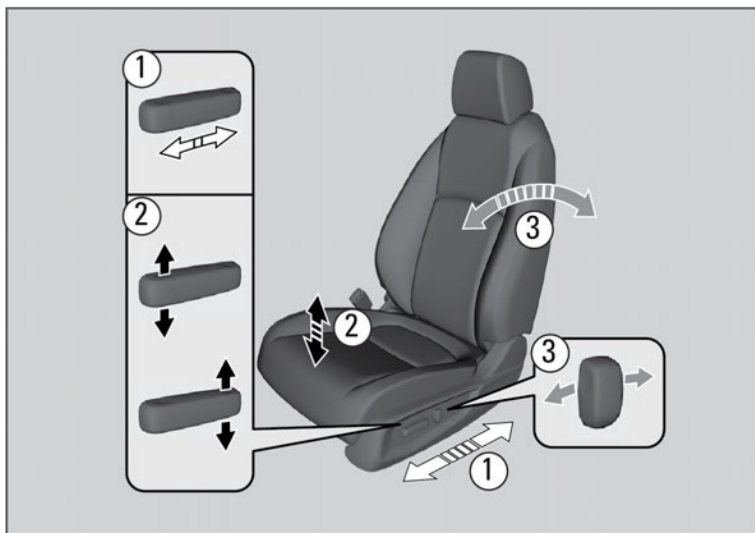
Always make seat adjustments before driving.

Adjust the driver's seat as far back as possible while allowing you to maintain full control of the vehicle. You should be able to sit upright and well back in the seat, adequately press the pedals without leaning forward, and grip the steering wheel comfortably. The passenger's seat should be adjusted so that it is as far back from the front airbag in the dashboard as possible.

The National Highway Traffic Safety Administration and Transport Canada recommend that drivers allow at least 10 inches (25 cm) between the center of the steering wheel and the chest.



Front Power Seat(s)*1



1. Horizontal Position Adjustment
2. Driver's Side Height Adjustment
3. Seat Back Angle Adjustment

Front Manual Seat(s)*1



1. Driver's Side Height Adjustment
2. Horizontal Position Adjustment
3. Seat Back Angle Adjustment

⚠ WARNING

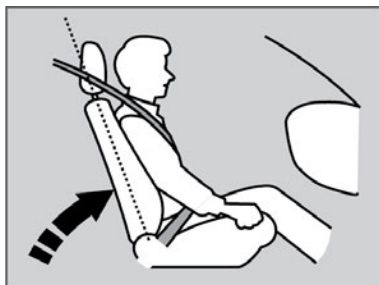
Sitting too close to a front airbag can result in serious injury or death if the front airbags inflate.

Always sit as far back from the front airbags as possible while maintaining control of the vehicle.

■ Adjusting the Seat-Backs

Adjust the driver's seat-back to a comfortable, upright position, leaving ample space between your chest and the airbag cover in the center of the steering wheel.

The front seat passenger should also adjust their seat-back to a comfortable, upright position.



*1 - If equipped

Do not put a cushion, or other object, between the seat-back and your back. Doing so may interfere with proper seat belt or airbag operation.

⚠ WARNING

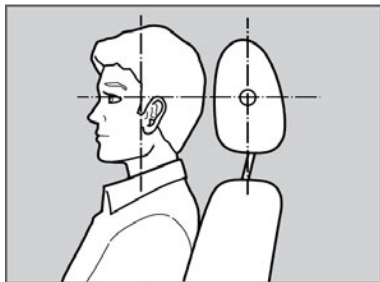
Reclining the seat-back too far can result in serious injury or death in a crash.

Adjust the seat-back to an upright position, and sit well back in the seat.

Adjusting the Head Restraints

Models without SPORT Mode

Your vehicle is equipped with head restraints in all seating positions. Head restraints are most effective for protection against whiplash and other rear-impact crash injuries when the center of the back of the occupant's head rests against the center of the restraint. The tops of the occupant's ears should be level with the center height of the restraint.



For a head restraint system to work properly:

- Do not hang any items on the head restraints or from the restraint legs.
- Do not place any objects between an occupant and the seat-back.
- Install each restraint in its proper location.

⚠ WARNING

Improperly positioning head restraints reduces their effectiveness and increases the likelihood of serious injury in a crash.

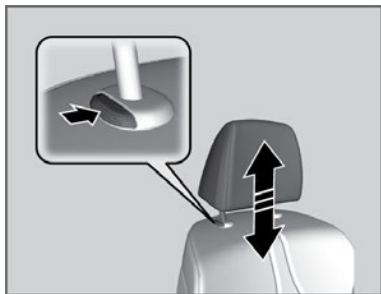
Make sure head restraints are in place and positioned properly before driving.

■ Adjusting the Front Head Restraints

Models without SPORT mode

To raise: Pull it upward.

To lower: Push it down while pressing the release button.



■ Removing and Reinstalling the Head Restraints

Head restraints can be removed for cleaning or repair.

Models without SPORT mode

To remove: Pull the restraint up as far as it will go. Then push the release button, and pull the restraint up and out.

To reinstall: Insert the legs back in place, then adjust the head restraint to an appropriate height while pressing the release button. Pull up on the restraint to make sure it is locked in position.

⚠ WARNING

Failure to reinstall, or correctly reinstall, the head restraints can result in severe injury during a crash.

Always replace the head restraints before driving.

Maintain a Proper Seating Position

After all occupants have adjusted their seats and head restraints^{*1}, and put on their seat belts, it is very important that they continue to sit upright, well back in their seats, with their feet on the floor, until the vehicle is safely parked and the engine is off.

Sitting improperly can increase the chance of injury during a crash. For example, if an occupant slouches, lies down, turns sideways, sits forward, leans forward or sideways, or puts one or both feet up, the chance of injury during a crash is greatly increased.

In addition, an occupant who is out of position in the front seat can be seriously or fatally injured in a crash by striking interior parts of the vehicle or being struck by an inflating front airbag.

WARNING

Sitting improperly or out of position can result in serious injury or death in a crash.

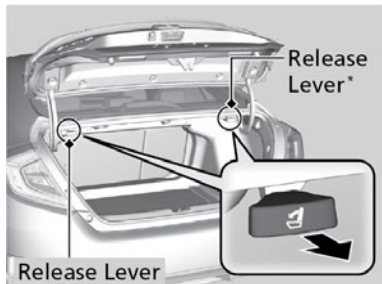
Always sit upright, well back in the seat, with your feet on the floor.

**1 - If equipped*

Adjusting the Rear Seats

■ Folding Down the Rear Seats

1. Pull the release lever in the trunk to release the lock.

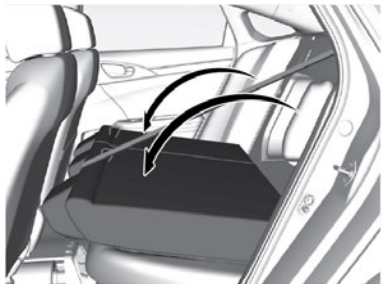


2. Fold down the seat back.

To lock a seat-back upright, push it backwards until it locks, so that the red tabs in the release lever go down.

When returning the seat-back to its original position, push it firmly back.

Make sure that the folded seat-back does not press against the front passenger seat, as this can cause the weight sensors in the front passenger seat to work improperly.

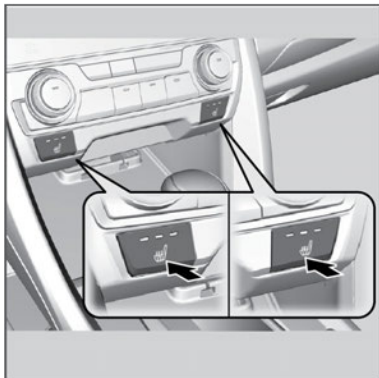


Front Seat Heaters*1

Press the seat heater button to cycle through settings.

- Once - The HI setting (three indicators on)
- Twice - The MID setting (two indicators on)
- Three times - The LO setting (one indicator on)
- Four times - The OFF setting (no indicators on)

After a certain period of time, the strength setting for the seat heaters will automatically be reduced by one level at a time until the seat heater shuts off. The elapsed time varies according to the interior environment.



⚠ WARNING

Heat-induced burns are possible when using seat heaters.

Persons with a diminished ability to sense temperature (e.g., persons with diabetes, lower-limb nerve damage, or paralysis) or with sensitive skin should not use the seat heaters.

**1 - If equipped*