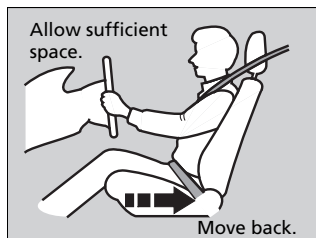


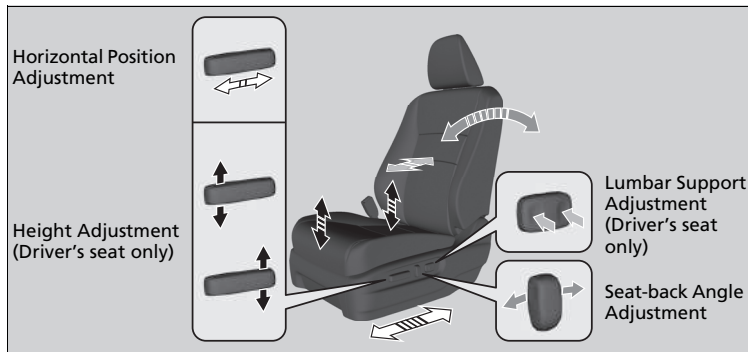
Front Seats



Adjust the driver's seat as far back as possible while allowing you to maintain full control of the vehicle. You should be able to sit upright, well back in the seat and be able to adequately press the pedals without leaning forward, and grip the steering wheel comfortably. The passenger's seat should be adjusted in a similar manner, so that it is as far back from the front airbag in the dashboard as possible.

■ Adjusting the Seat Positions

■ Adjusting the front power seats*



* Not available on all models

Seats

Always make seat adjustments before driving.

Front Seats

⚠ WARNING

Sitting too close to a front airbag can result in serious injury or death if the front airbags inflate.

Always sit as far back from the front airbags as possible while maintaining control of the vehicle.

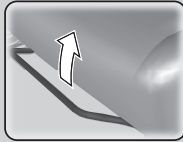
The National Highway Traffic Safety Administration and Transport Canada recommend that drivers allow at least 10 inches (25 cm) between the center of the steering wheel and the chest.

■ **Adjusting the front manual seats***

Height Adjustment

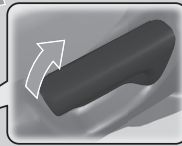
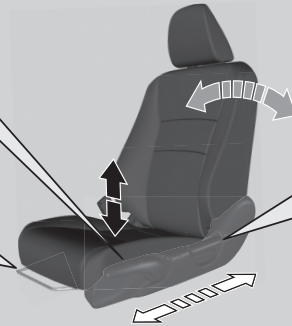
(Driver's seat only)

Pull up or push down the lever to raise or lower the seat.



Horizontal Position Adjustment

Pull up on the bar to move the seat, then release the bar.



Seat-back Angle Adjustment

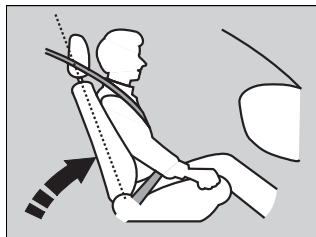
Pull up the lever to change the angle.

▣ Adjusting the front manual seats*

Once a seat is adjusted correctly, rock it back and forth to make sure it is locked in position.

* Not available on all models

■ Adjusting the Seat-Backs



Adjust the driver's seat-back to a comfortable, upright position, leaving ample space between your chest and the airbag cover in the center of the steering wheel.

The front seat passenger should also adjust their seat-back to a comfortable, upright position.

Reclining a seat-back so that the shoulder part of the belt no longer rests against the occupant's chest reduces the protective capability of the belt. It also increases the chance of sliding under the belt in a crash and being seriously injured. The farther a seat-back is reclined, the greater the risk of injury.

⊗ Adjusting the Seat-Backs

⚠ WARNING

Reclining the seat-back too far can result in serious injury or death in a crash.

Adjust the seat-back to an upright position, and sit well back in the seat.

Do not put a cushion, or other object, between the seat-back and your back.

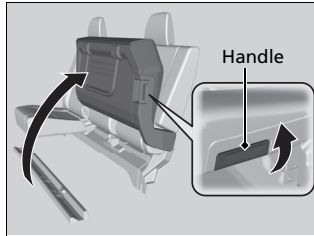
Doing so may interfere with proper seat belt or airbag operation.

If you cannot get far enough away from the steering wheel and still reach the controls, we recommend that you investigate whether some type of adaptive equipment may help.

Rear Seats

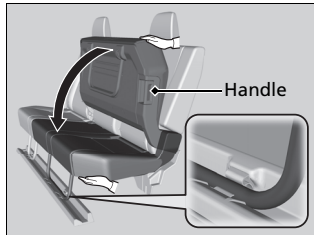
Folding Up the Rear Seat

The right and left cushions can be raised independently to make room for cargo.



Folding up the rear seat

1. Raise the armrest if it is lowered.
2. Pull the handle and lift up the seat cushion.
3. Release the handle and push the seat cushion firmly against the back support to lock it into place.
 - ▶ The seat leg automatically retracts as the cushion is raised.



Unfolding the rear seat

1. Hold the seat in its upright position with one hand, then unlock it by pull the handle with your other hand.
 - ▶ The seat cushion will abruptly drop under its own weight if you do not support it.
2. Slowly lower the cushion until the leg is resting in the floor guide and the cushion is locked into place.
 - ▶ The seat leg automatically extends out as the cushion is lowered.

Folding Up the Rear Seat

The seat cushion is locked with a mechanism inside the seat.

When the seat is locked, it can not be completely lifted up from the floor without pulling the handle. However, the seat cushion may move up from the floor slightly which is normal. If the seat is in this position, push the seat cushion down before pulling the handle to raise the seat.

Check to make sure there is nothing in the way of the seat cushion or leg before lowering the seat.

The right and left cushions can be raised together or separately to accommodate passengers and cargo.

Maintain a Proper Sitting Position

After all occupants have adjusted their seats and head restraints, and put on their seat belts, it is very important that they continue to sit upright, well back in their seats, with their feet on the floor, until the vehicle is safely parked and the engine is off.

Sitting improperly can increase the chance of injury during a crash. For example, if an occupant slouches, lies down, turns sideways, sits forward, leans forward or sideways, or puts one or both feet up, the chance of injury during a crash is greatly increased.

In addition, an occupant who is out of position in the front seat can be seriously or fatally injured in a crash by striking interior parts of the vehicle or being struck by an inflating front airbag.

WARNING

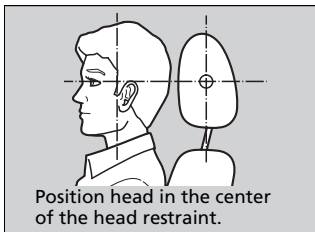
Sitting improperly or out of position can result in serious injury or death in a crash.

Always sit upright, well back in the seat, with your feet on the floor.

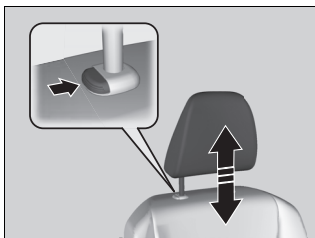
Head Restraints

Your vehicle is equipped with head restraints in all seating positions.

Adjusting the front head restraint positions



Head restraints are most effective for protection against whiplash and other rear-impact crash injuries when the center of the back of the occupant's head rests against the center of the restraint. The tops of the occupant's ears should be level with the center height of the restraint.



To raise the head restraint: Pull it upward.

To lower the head restraint: Push it down while pressing the release button.

Head Restraints

⚠ WARNING

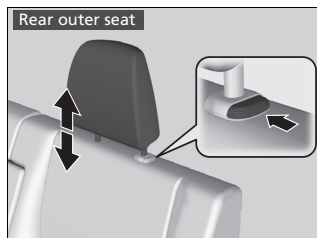
Improperly positioning head restraints reduces their effectiveness and increases the likelihood of serious injury in a crash.

Make sure head restraints are in place and positioned properly before driving.

In order for the head restraint system to work properly:

- Do not hang any items on the head restraints, or from the restraint legs.
- Do not place any objects between an occupant and the seat-back.
- Install each restraint in its proper location.

■ Changing the Rear Seat Head Restraint Position



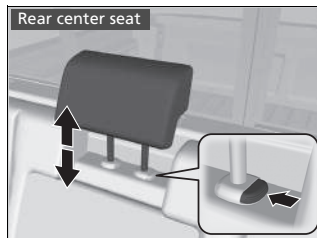
A passenger sitting in the rear seating position should adjust the height of their head restraint to an appropriate position before the vehicle begins moving.

To raise the head restraint:

Pull it upward.

To lower the head restraint:

Push it down while pressing the release button.



■ Removing and Reinstalling the Head Restraints

Head restraints can be removed for cleaning or repair.

To remove a head restraint:

Pull the restraint up as far as it will go. Then push the release button, and pull the restraint up and out.

To reinstall a head restraint:

Insert the legs back in place, then adjust the head restraint to an appropriate height while pressing the release button. Pull up on the restraint to make sure it is locked in position.

☒ Removing and Reinstalling the Head Restraints

⚠ WARNING

Failure to reinstall, or correctly reinstall, the head restraints can result in severe injury during a crash.

Always replace the head restraints before driving.

Armrest

■ Using the Front Seat Armrest

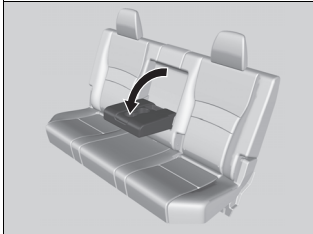


Pull down the armrest.

Models with adjustable armrest

Pull the armrest all the way down, then pull it up to the desired angle.

■ Using the Rear Seat Armrest



Pull the armrest down in the center backrest.